

Find Well-being

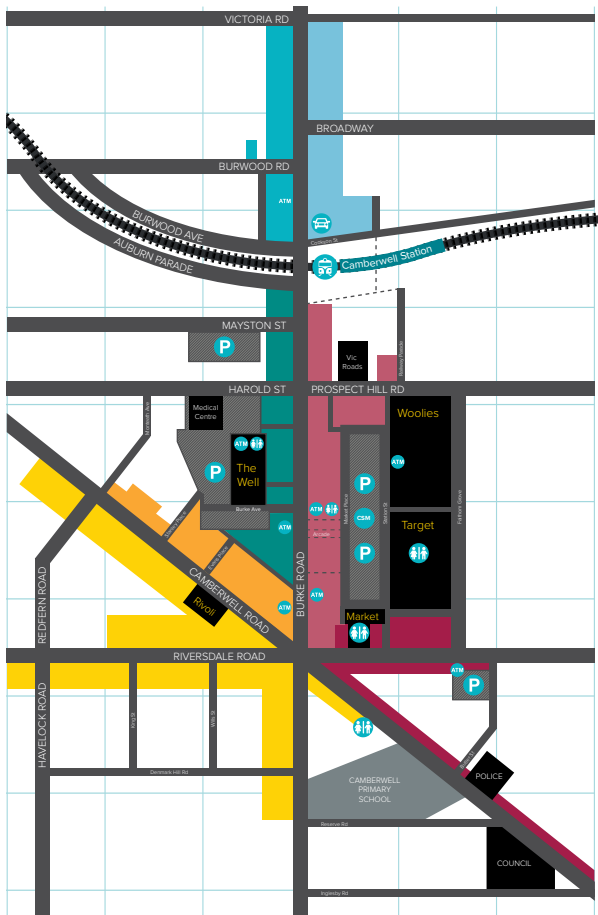
Health and Wellness Directory

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Zones



FIND HEALTH AND WELLNESS IN CAMBERWELL

Pamper yourself with a massage or spa treatment. Explore natural therapies and alternative medicine. Fuel your body with organic and whole foods. Join the gym. Channel your chi with yoga or meditation. Look the part in fashionable activewear and sports gear. Find rehabilitation services. Relax with a clinical or relaxation practice. With over 400 stores, we've got it all!

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Mind & Body

Active Soma Level 1, 574 Burke Rd	1300 697 662	4
Barre One Level 1, 576 Burke Rd	9882 4747	4
Body & Brain Clinic Level 1, 747 Burke Rd	9882 1805	3
Camberwell Hypnosis 1A / 1 Cookson St	0468 468 227	2
Camberwell Pilates & Yoga Level 1, 574 Burke Rd	9882 4747	4
Camberwell Wellbeing Centre Shop 2, Rear (off market place) 618 Burke Rd	9813 1234	4
DermaMed Skin Clinics 624 Burke Rd	9804 0033	4
Elevation Floatation and Yoga 167 Camberwell Rd	8589 3196	5
Endota Spa 540 Riversdale Rd	9813 5789	7
Hawthorn East Hypnotherapy 392 Riversdale Rd	9882 4484	6
Hypoxi Camberwell Level 4, The Well, 793 Burke Rd	9811 1021	3
InSync Physiotherapy & Pilates Level 1, 505 Riversdale Rd	9813 2188	4
Jessica Dewar Yoga Level 1, 199 Camberwell Rd	0421 115 941	5
KX Pilates Level 1, 2 Prospect Hill Rd	9882 1025	4
Masters of TCM 435 Riversdale Rd	9882 2255	6
Mindfulness Room Level 1, 574 Burke Rd (Rear entry, via Market Place car park)	0423 703 960	4

Mind & Body

Myotherapy & Movement Clinic Level 1, 747 Burke Rd	0404 018 194	3
QP Massage 724A Burke Rd	9804 0220	2
Shiatsu Massage - Keith Boyle 392 Riversdale Rd	0414 792 606	6
Silk Natural Wellbeing 786 Burke Rd	9882 2339	2
Siri Banyan Thai Massage and Relaxation 163 Camberwell Rd	9943 5937	5
Spring Massage Therapy Rear 634 Burke Rd (Off Market Place)	9882 9504	4
Thai Hands From Heaven 17 Cookson St	9882 7110	2
Three Sisters Professional Massage 891 Burke Rd	9882 0598	3
Your Indulgence Skin Clinic 746 Burke Rd	9882 7244	2
Zen 5 Chinese Medicine Centre Shop T103, The Well, 793 Burke Rd	9813 3818	4

Sport & Leisure

2XU 811 Burke Rd	8808 7100	3
Active Feet 161 Camberwell Rd	9882 6266	5
Aussie Disposals 696 Burke Rd	9882 1002	4
Bike Gallery 74 Auburn Pde	9882 2031	3
Bloch Rear 642-644 Burke Rd (off Market Place)	9813 2223	4

Sport & Leisure

Bonds Outlet 710 Burke Rd	9882 1722	4
Cycles Galleria 475 Riversdale Rd	9670 6661	6
Forever Dance Level 1, 586-590 Burke Rd	9882 2938	4
Kathmandu 761-767 Burke Rd	9882 0900	3
Lululemon Athletica 769 Burke Rd	9882 5162	3
Nike Womens 841 Burke Rd	9882 3504	3
The Athletes Foot 813 Burke Rd	9813 3091	3

Gyms & Fitness

Academy Jiu-Jitsu Ground Floor, 969 Burke Rd	9882 3486	1
Anytime Fitness Level 1, 600 Burke Rd	0490 759 089	4
GoodLife Fitness Centre Level 4, The Well, 793 Burke Rd	9811 1000	3
Jetts Fitness Camberwell Shop 7 & 8, Aerial Development, 480 Riversdale Rd	9813 4915	6
Listen To Your Body 140 Camberwell Rd	8589 9901	6
Snap Fitness Level 1, 6-8 Prospect Hill Rd	0477 027 787	4
Sprint Indoor Cycling 537 Riversdale Rd	9077 6972	7
Strength Lab 530 Riversdale Rd	0422 166 133	7
Vision Personal Training Camberwell Level 1, 527 Riversdale Rd	9882 9070	7

Nutrition & Healthy Eating

Camberwell Fresh Food Market 519-525 Riversdale Rd	9539 1361	7
Coltivare The Well, 793 Burke Rd	9882 9388	3
Dineamic 909 Burke Rd	9882 8087	1
Evergrin Organics 499 Riversdale Rd	9813 3833	4
Euphoria Café & Wellness 734 Burke Rd	9042 2053	2
Great Earth 795 Burke Rd 497 Riversdale Rd	9813 4888 9882 3322	3 4
Red Robyn 393 Camberwell Rd	9077 3763	7
The Source Bulk Foods 749 Burke Rd	9882 4496	3

Optical & Hearing

Anthony Smith Optometrist 218 Camberwell Rd	9882 1140	6
Audio Clinic 265 Camberwell Rd	1800 324 087	7
Ear & Hearing Australia 367 Camberwell Rd	1800 432 746	7
Eye Q Optometrists 7 Cookson St	9882 9122	2
Eyecare Advantage The Well, 793 Burke Rd	9882 2199	3
OPSM 586-590 Burke Rd	9882 5171	4
Riversdale Optical 543 Riversdale Rd	9882 1920	7
Specsavers 572 Burke Rd	9813 4666	4
Vision Camberwell 784 Burke Rd	9882 5666	2

Dental & Medical

Advanced Podiatry Level 1, 528 Riversdale Rd	9007 0517	7
Breast Cancer Network Australia Ground Floor, 293 Camberwell Rd	9805 2500	7
Bupa Dental Camberwell 648 Burke Rd	9835 8300	4
Burke Rd Medical Centre Suite 2, 681 Burke Rd	9882 1366	6
Camberwell Chiropractic Centre 373 Camberwell Rd	9813 2344	7
Camberwell Dermatology Centre and Skin Cancer Clinic 71 Mayston St	9811 6500	3
Camberwell Junction Dental Level 1, 2 Prospect Hill Rd	9882 1187	4
Camberwell Junction Medical and Dental Clinic Rear 6-8 Prospect Hill Rd	9882 8184	4
Colon Care Clinic 542 Riversdale Rd	9813 3713	7
Creative Dental Laboratories Level 1, 700 Burke Rd	9882 1100	4
Dental Surgery - Dr A.J Chepul Suite 401, 685 Burke Rd	9882 5102	6
dhealth 257 Camberwell Rd	9882 6938	7
Dorevitch Pathology Floor 1, 691 Burke Rd	9813 1590	6
Dr James Curtain - Specialist Orthodontist Floor 1, 718 Burke Rd	9882 7952	2
Hamish the Physio 622 Burke Rd	9088 7598	4
Hawthorn East Dentists 430 Riversdale Rd	9813 0022	6
Kieser 357 Camberwell Rd	9882 9889	7
Medibank Private The Well, 793 Burke Rd	132 331	3
Medicare 527 Riversdale Rd	13 20 11	7
Melbourne Children's Clinic 2/321-323 Camberwell Rd	9813 5700	7

Dental & Medical

Molescreen 847 Burke Rd	1300 730 781	3
PhysioEast The Well, 793 Burke Rd	9882 2020	3
Riversdale Orthodontics 428 Riversdale Rd	9805 3000	6
Rivoli After Hours Medical Centre Level 1, 124-126 Camberwell Rd	9834 7654	6
Sun Health Chiropractic 439 Riversdale Rd	9882 2768	6
Total Physiocare 796 Burke Rd	9882 3291	2
Vein Care - Dr G.S Dhillon Suite 307, 685 Burke Rd	9813 1535	6

Pharmacy

Camberwell Discount Drug Store 2/660 Burke Rd	9882 1292	4
Chemist Warehouse Camberwell 551-553 Riversdale Rd	9882 2399	7
PharmaSave Pharmacy 624 Burke Rd	9882 4125	4
Priceline 592 Burke Rd	9882 1024	4
Terry White Chemists The Well, 793 Burke Rd	9882 6655	3

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