

Health & Wellness
Directory

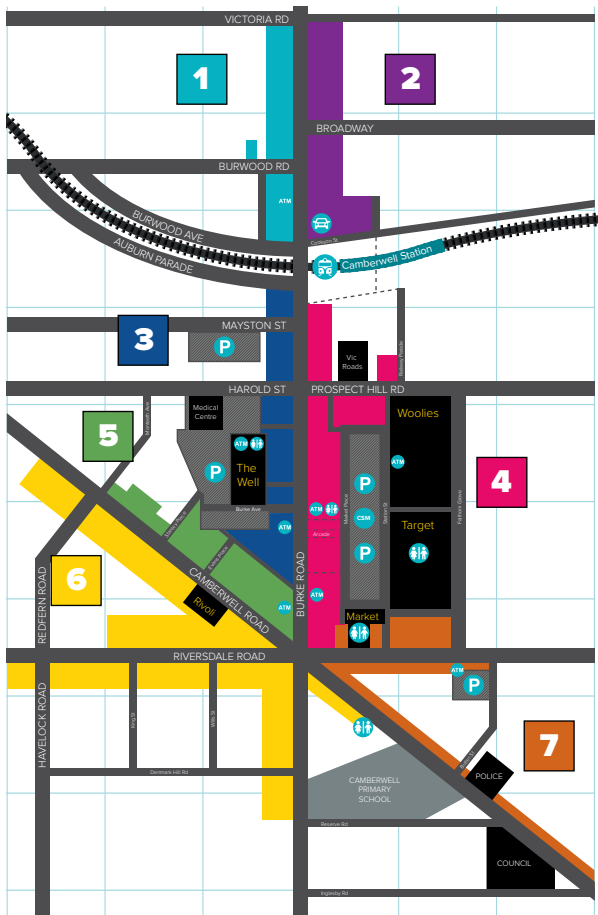


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Zones



FIND HEALTH AND WELLNESS IN CAMBERWELL

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Mind and body

Active Soma Level 1, 574 Burke Rd (Rear entry, via Market Place car park)	1300 697 662	4
Anumi 877 Burke Rd	8806 8465	3
Be You Psychology and Counselling Level 1, 576 Burke Rd (Rear entry, via Market Place car park)	0438 939 995	4
Body & Brain Clinic Level 1, 747 Burke Rd	9882 1805	3
Camberwell Hypnosis 1A / 1 Cookson St	0468 468 227	2
Camberwell Pilates & Yoga Level 1, 574 Burke Rd (Rear entry, via Market Place car park)	9882 4747	4
Camberwell Wellbeing Centre Shop 1, 618 Burke Rd (Rear entry, via Market Place car park)	0438 213 532	4
CORE+ Level 1, 167 Camberwell Rd	9813 4853	5
Elevation Floatation 167 Camberwell Rd	8589 3196	5
Ella Bache Shop 6, 460-488 Riversdale Rd (beneath Aerial building)	9882 2241	6
Endota Spa 540 Riversdale Rd	9813 5789	7
Hypoxi Camberwell Level 4, The Well, 793 Burke Rd	9811 1021	3
InSync Physiotherapy & Pilates Level 1, 505 Riversdale Rd	9813 2188	7
Jessica Dewar Yoga Level 1, 199 Camberwell Rd	0421 115 941	5
KX Pilates Level 1, 2 Prospect Hill Rd	9882 1025	4
Massage Therapia 724A Burke Rd	9804 0220	2
Masters of TCM 435 Riversdale Rd	9882 2255	6
Myotherapy & Movement Clinic Level 1, 747 Burke Rd	0404 018 194	3
Priceline 592 Burke Rd	9882 1024	4

Mind and body

Radiance In Skin & Body 347 Camberwell Rd	9882 4007	7
Shiatsu Massage - Keith Boyle 392 Riversdale Rd	0414 792 606	6
Silk Natural Wellbeing 786 Burke Rd	9882 2339	2
Siri Banyan Thai Massage and Relaxation 163 Camberwell Rd	9943 5937	5
Spring Massage Therapy 634 Burke Rd (Rear entry, via Market Place car park)	9882 9504	4
Tam's Beauty Shop Shop 9, 480 Riversdale Rd	9882 0781	6
Thai Hands From Heaven 17 Cookson St	9882 7110	2
The Body Shop 640 Burke Rd	9813 4544	4
Three Sisters Professional Massage 891 Burke Rd	9882 0598	3
Wellness Simplified Level 1/574 Burke Rd	0400 077 220	4
Your Indulgence Skin Clinic 746 Burke Rd	9882 7244	2
Zen 5 Chinese Medicine Centre The Well, 793 Burke Rd	9813 3818	4

Nutrition and healthy eating

Camberwell Fresh Food Market 519-525 Riversdale Rd		7
Coltivare The Well, 793 Burke Rd	9882 9388	3
Dineamic 909 Burke Rd	9882 8087	1
Euphoria Cafe & Wellness Centre 734 Burke Rd	9042 2053	2
Evergrin Organics 499 Riversdale Rd	9813 3833	4
Great Earth 795 Burke Rd 497 Riversdale Rd	9813 4888 9882 3322	3 4
The Source Bulk Foods 749 Burke Rd	9882 4496	3

Sport and leisure

2XU 811 Burke Rd	8808 7100	3
Active Feet 161 Camberwell Rd	9882 6266	5
Bike Gallery 74 Auburn Pde	9882 2031	3
Bloch 642-644 Burke Rd (Rear entry, via Market Place car park)	9813 2223	4
Bonds Outlet 710 Burke Rd	9882 1722	4
Cycles Galleria 475 Riversdale Rd	9882 3253	6
Forever Dance Level 1, 586-590 Burke Rd (Rear entry, via Market Place car park)	9882 2938	4
Kathmandu 761-767 Burke Rd	9882 0900	3
Lululemon Athletica 769 Burke Rd	9882 5162	3
Nike Womens 841 Burke Rd	9882 3504	3
The Athlete's Foot 813 Burke Rd	9813 3091	3
The Secret Garden of Dance Level 1, 823 Burke Rd (enter via Harold St)	9882 8233	3

Gyms and fitness

Academy Jiu-Jitsu Ground Floor, 969 Burke Rd	9882 3486	1
Anytime Fitness Level 1, 600-606 Burke Rd	0490 759 089	4
F45 Training Camberwell Junction 357 Camberwell Rd	0452 410 565	7
GoodLife Fitness Centre Level 4, The Well, 793 Burke Rd	9811 1000	3

Gyms and fitness

Jetts Fitness Camberwell Shop 7 & 8, 480 Riversdale Rd	9813 4915	6
Listen To Your Body 140 Camberwell Rd	8589 9901	6
Pumpt Gym 849 Burwood Rd	9882 3000	1
Snap Fitness Level 1, 6-8 Prospect Hill Rd	0477 027 787	4
Sprint Indoor Cycling 537 Riversdale Rd	9077 6972	7
Strength Lab 530 Riversdale Rd	0422 166 133	7
Target 25 Station St	9811 3600	7
Vision Personal Training Camberwell Level 1, 527 Riversdale Rd	9882 9070	7

Optical and hearing

Anthony Smith Optometrist 218 Camberwell Rd	9882 1140	6
Audio Clinic 265 Camberwell Rd	9882 5747	7
Ear & Hearing Australia 367 Camberwell Rd	9882 5577	7
Eye Q Optometrists 7 Cookson St	9882 9122	2
Eyecare Advantage 825 Burke Rd (Rear)	9882 2199	3
OPSM 586-590 Burke Rd	9882 5171	4
Riversdale Optical 543 Riversdale Rd	9882 1920	7
Specsavers 572 Burke Rd	9813 4666	4
Vision Camberwell 784 Burke Rd	9882 5666	2

Dental and medical

Advanced Podiatry Level 1, 528 Riversdale Rd	9882 7221	7
Australian Laser & Skin Clinics 698 Burke Rd	9882 1104	4
Breast Cancer Network Australia Ground Floor, 293 Camberwell Rd	9805 2500	7
Bupa Dental Camberwell 648 Burke Rd	9835 8300	4
Burke Rd Medical Centre Suite 2, 681 Burke Rd	9882 1366	6
Camberwell Chiropractic Centre 373 Camberwell Rd	9813 2344	7
Camberwell Dermatology Centre and Skin Cancer Clinic 71 Mayston St	9811 6500	3
Camberwell Junction Dental Level 1, 2 Prospect Hill Rd	9882 1187	4
Camberwell Junction Medical and Dental Clinic Rear 6-8 Prospect Hill Rd	9882 8184	4
Colon Care Clinic 542 Riversdale Rd	9813 3713	7
Creative Dental Laboratories Level 1, 700 Burke Rd	9882 1100	4
Dental Surgery - Dr A.J Chepul Suite 401, 685 Burke Rd	9882 5102	6
dhealth 257 Camberwell Rd	9882 6938	7
Dorevitch Pathology Floor 1, 691 Burke Rd	9813 1590	6
Dr James Curtain - Specialist Orthodontist Floor 1, 718 Burke Rd	9882 7952	2
Hamish the Physio 622 Burke Rd	9088 7598	4
Happy Feet Podiatry Clinic 798 Burke Rd	9943 8937	2
Kieser Level 1, 10 Prospect Hill Rd	9882 9889	4
Life Ready Physio + Pilates 636 Burke Rd	9978 9833	4
Life Uncoded Ground Floor, 277 Camberwell Rd	9882 9870	7

Dental and medical

Medibank Private The Well, 793 Burke Rd	13 23 31	3
Medicare 527 Riversdale Rd	13 20 11	7
Melbourne Children's Clinic 2/321-323 Camberwell Rd	9813 5700	7
MelbourneMyo 796 Burke Rd	9882 3291	2
Molescreen 847 Burke Rd	1300 730 781	3
Oriental Health Camberwell 797A Burke Rd	9813 1668	3
Riversdale Orthodontics 428 Riversdale Rd	9805 3000	6
Rivoli After Hours Medical Centre Level 1, 124-126 Camberwell Rd	9834 7654	6
Sun Health Chiropractic 439 Riversdale Rd	9882 2768	6
Total Physiocare 796 Burke Rd	9882 3291	2
VC Dermal Clinics 684 Burke Rd	9882 0951	4
Vein Care - Dr G.S Dhillon Suite 307, 685 Burke Rd	9813 1535	6

Pharmacy

Camberwell Discount Drug Store 2/660 Burke Rd	9882 1292	4
Chemist Warehouse Camberwell 551-553 Riversdale Rd	9882 2399	7
PharmaSave Pharmacy 624 Burke Rd	9882 4125	4
Terry White Chemists The Well, 793 Burke Rd	9882 6655	3

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